



## Ag Déileáil le Cás Amhrasta de COVID-19

AGUISÍN 04

Níor chóir d'aon bhaill fairne ná do dhalta ar bith freastal ar scoil má léiríonn siad aon chomharthaí COVID-19.

### COMHARTHAÍ COVID-19

I measc na comharthaí coitianta a bhaineann le coronavirus tá:

- Teaocht Ard (38 céim Celsius nó os a chionn)
- Casacht - d'fhéadfadh casacht de chineál ar bith a bheith i gceist anseo, ní tirim amháin
- Giorra Anála nó Deacraction ag Análú
- Aailteanas nó Athrú ar do Bholadh nó ar Blasadh - ciallaíonn sé seo gur thug tú faoi deara nach féidir leat aon rud a bholadh nó a bhaiseadh, nó go mbíonn rudaí ag boladh nó ag blasadh difriúil thar mar is gnáth.

Féadfaidh sé suas le 14 lá a thógáil ar na siomptóim teacht chun cinn. Is féidir leo a bheith cosúil le siomptóim slaghdán agus fliú.

Ar ndóigh, leanfaidh leanaí orthu ag léiriú comharthaí a lán víris riospráide eile atá mórrhimpeall. Is eol gur minic go mbíonn slaghdán go leanúnach ar leanaí óga. Is féidir le leanaí a bhfuil a srón bactha nó ag sileadh acu, ach nach bhfuil fiabhras orthu freastal ar scoil ach má bhíonn gá acu le paraicéiteamól nó iobúróifein, caithfidh siad fanacht sa bhaile ar feadh 48 uair an chloig agus is cóir do thuismitheoirí nó do chaomhnóirí teagmháil a dhéanamh leis an dochtúir teaghlaigh le fáil amach an bhfuil gá le tástáil.

### CÁS AMHRASTA – Nósanna Imeachta

Má léiríonn **dalta** comharthaí a **d'fhéadfadh a bheith** de réir Covid-19 agus iad ar scoil is iad seo a leanas na nósanna imeachta atá le cur i bhfeidhm:

- Cuir an príomhoide ar an eolas láithreach.
- Is ceart teagmháil a dhéanamh láithreach leis na tuismitheoirí/caomhnóirí agus iarraidh orthu an dalta a bhailíú a luaithe is féidir (an Rúnaí a dhéanfaidh é seo).
- Iarrfar ar thuismitheoirí/chaomhnóirí an dalta a léiríonn comharthaí COVID-19 glaoch a chur ar an dochtúir teaghlaigh le comhairle a fháil agus leanúint de bheith ag féin-leithlisiú sa bhaile.
- Tabharfaidh ball fairne comhaontaithe (duine den fhoireann Tacaíocht Foghlama nó CRS) an

dalta chuig an seomra aonraithe ainmnithe go dtagann an tuismitheoir/caomhnóir leis an dalta a bhailiú, ag coinneáil achar 2 mhéadar ar a laghad ón duine ar a bhfuil comharthaí COVID-19 orthu.

- Ba chóir don bhall foirne atá ag déanamh cúram don dalta fanacht achar 2m amach ón dalta sin i gcónaí, ach sa chás nach féidir leis/leí achar 2m a choinneáil ba chóir dóibh clúdach aghaidhe nó masc a chaitheamh. Níl aon ghá lámhainní a úsáid toisc nach dtéann an víreas trí chraiceann.
- Ba chóir masc a chur ar fáil don dalta a léiríonn comharthaí COVID-19. Ní mór dó/di an masc a chaitheamh i gcomhlimistéar le daoine eile, agus nuair atá sé/sí ag imeacht ón scoil.
- Ba chóir don dalta teagmháil le daoine, dromchlaí agus rudaí a sheachaint. Ba chóir iarraidh ar an dalta a léiríonn comharthaí a bhéal agus a shrón a chlúdach leis an gciarsúr páipéis indiúscartha a sholáthraítear nuair a bhíonn siad ag casacht nó ag sraothartach agus an ciarsúr a chur sa mhála dramhaíola;
- Má tá an dalta ró-bhreuite chun dul abhaile nó má tá comhairle ag teastáil, déan teagmháil le 999 nó 112 agus cuir ar an eolas iad gur cás amhrasta COVID-19 é an duine breoite.
- Déan measúnú ar an eachtra a bheidh mar chuid de ghníomhaíochtaí leantacha agus téarnamh a chinneadh;
- Is gá socrú a dhéanamh an seomra aonraithe a għlanadha go cuí.
- Ní gá don bhall foirne a thug aire don leanbh le siomptóim i rith na tréimhse seo dul abhaile mura gcuireann Sláinte Poiblí FSS comhairle air/uirthi ina dhiaidh sin.
- **Ní gá** daltaí ná baill foirne eile a aistarraingt ón rang, siblíní nó baill teaghlaigh eile san áireamh.
- Ag an bpointe sin, **níl gá le haon għniomhū breise** ón scoil.

Má léiríonn **ball foirne** comharthaí a d'fhéadfadh a bheith de réir Covid-19 agus iad ar scoil is iad seo a leanas na nōsanna imeachta atá le cur i bhfeidhm:

- Cuir an príomhoide ar an eolas láithreach.
- Déan measúnú ar chumas an ball foirne atá ag léiriú comharthaí COVID-19 dul abhaile leis/leí féin agus iarr orthu glaoch a chur ar a ndochtúir le comhairle a fháil agus leanúint de bheith ag féin-leithlisiú sa bhaile.
- Má tá sé nō sí ró-bhreuite chun dul abhaile nó má tá comhairle ag teastáil, déan teagmháil le 999 nó 112 agus cuir ar an eolas iad gur cás amhrasta COVID-19 é an duine breoite.

CÁS AMHRASTA COVID-19	
SEOMRA AONRAITHE	An Seomra Folctha do dhaoine faoi mhíchumas thíos staighre (N1A)
CÚRAM don Dalta	Foireann Tacaíocht Foghlama & Cúntóirí Riachtanais Speisialta

## CÁS DEARBHAITHE – Nósanna Imeachta

Cuirfidh FSS aon bhall fairne/tuismitheoirí a tháinig i ndlúth-theagmháil le cás dearbhaithe ar an eolas tríd an bpróiseas rianaithe teagmhála. Rachaidh FSS i dteagmháil leis na daoine ábhartha go léir mar a ndéantar diagnóis COVID-19. Ba cheart treoracha FSS a leanúint agus tá rúndacht na fairne agus na daltaí ríthábhachtach i ngach cás.

### **Cur chuige Sláinte Poiblí maidir le cásanna dearbhaithe aonair Covid-19 a bhainistiú laistigh de phobal na scoile:**

Beidh an fhreagairt ar chásanna deimhnithe nó ar ráigeanna Covid-19 sa phobal nó i scoil ar **Sláinte Poiblí FSS** agus is é a dhéanfaidh cúrsáí a threorú agus a bhainistiú. Déanfaidh a bhfoirne gach cinneadh faoi ghníomhartha cuí nuair a bhíonn an cás nó an ráig dearbhaithe agus déanfar é sin i gcomhthéacs nós imeachta iomlán um Measúnú Riosca Sláinte Poiblí. Cuirfidh FSS Sláinte Poiblí aon ghníomhartha atá le déanamh ag an scoil in iúl go díreach don scoil. Cuirfear in iúl do bhainistíocht na scoile de réir agus nuair a shíltéar gníomhartha dá leithéid, ar nós leanaí nó baill fairne a eisiamh; dúnadh i bpáirt nó go hiochlán ar fhorais sláinte poiblí. Mura gcuirtear amhlaidh in iúl don, **ní mheastar gur gá a leithéid** de réir Sláinte Poiblí.

- Nuair a bheidh measúnú déanta ag dochtúir teaghlaigh an linbh nó an bhall fairne go bhfuil na siomptóim ar aon dul le hionfhabhtú Covid-19, i.e. fiabhras NÓ casacht nua, giorra anala, meath ar an riocht riospráide atá ann cheana NÓ comharthaí aguesia nó dysgeusia (go bunúsach cailltear nó athraíonn blas) agus go ndéantar an duine a chur le haghaidh tástála, ag an bpointe sin is duine amhrasta maidir le COVID 19 a bheidh ann agus is cóir don tuismitheoir nó don chaomhnóir baill an teaghlaigh lena n-áirítear siblíní a aistarraingt ón scoil.
- Mura léiríonn an tástáil aon fhianaise ar Covid-19, níor cheart don leanbh nó don bhall fairne fanacht sa bhaile ach go dtí go mbeidh sé nó sí maith go cliniciúil chun filleadh ar scoil (mura n-éilíonn FSS a mhalaire). Go háirithe, caithfear gach comhartha buinneach a bheith réitithe ar feadh 48 uair an chloig sula bhfilltear ar scoil. Féadfaidh baill den teaghlaigh filleadh ar scoil díreach tar éis don tuismitheoir nó don chaomhnóir nó ball fairne toradh “nach bhfuarthas” a fháil.
- Nuair a dheimhnítar cás, rachaidh an tOifigeach Leighis Sláinte agus fairne i dteagmháil go díreach leis an scoil agus cuirfear an cás dearbhaithe in iúl de réir mar is gá agus déanfar Measúnú Riosca Sláinte Poiblí mar bhonn eolais d'aon ghníomhartha agus moltaí breise.
- Go lárnach sa mheasúnú seo beidh an dóchúlacht go ndéanfar an galar a tharchur ón gcás dearbhaithe agus beidh plé go práinneach leis an scoil chun aonrú cuí a bhunú don fhoireann nó do dhaltaí aitheanta. Tá gach suíomh scoile uathúil agus dá bhrí sin beidh na rioscaí uathúil freisin.
- Beidh éagsúlacht sa sainmhíniú ar dhlúth-theagmhálacha laistigh de scoil agus faoi réir mheasúnú riosca ina gcuirfear tosca aonair laistigh de gach scoil nó rang san áireamh. **Ní ghlacfar leis go huathoibríoch go measfar rang iomlán mar dhlúth-theagmhálacha.** Cuirfidh FSS in iúl go díreach do dhlúth-theagmhálacha agus molfar dóibh srian a chur lena ngluaiseachtaí agus a bheith i láthair

do thástail ar lá náid agus lá a seacht. Cuirfidh dlúth-theagmhálacha srian lena ngluaiseachtaí ar feadh 14 lá go fiú mura léirítéar Covid 19 sa dá thástail seo.

- I gcás ráige, déanfaidh Sláinte Poiblí cinneadh idir raon idirghabhálacha féideartha, ón eisiamh agus ó ghrúpa beag nó faithneog scoláirí a thástail go dtí agus lena n-áirítéar saoráid lena mbaineann an ráig a dhúnadh.
- Caithfidh gach scoil príomhréimsí eolais a bheith ullamh agus ar fáil nuair a éilítéar a leithéid chun cuidiú le Sláinte Poiblí agus iad i mbun Measúnú Riosca Sláinte Poiblí a dhéanamh.

**Beidh an t-eolas seo a leanas le cur ar fáil ag an scoil do na húdaráis sláinte poblí chun tacú le bainistíocht Covid-19**

- Cur síos galrid ar an scoil (cineál, líon fairne agus scoláirí agus gnéithe speisialta).
- Liosta na fairne agus na scoláirí agus uimhreacha gutháin cuí.
- Cur síos ginearálta ar na seomraí ranga.
- Cur síos ar ghluaiseachtaí na fairne agus na scoláirí mórrhimpeall na scoile, idir cheachtanna agus shosanna.
- Liosta go dáta ar “fhaithneoga” and “bolgáin”.



## Dealing with a Suspected Case COVID-19

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Staff or pupils should not attend school if displaying any symptoms of COVID-19.

Common symptoms of coronavirus include:

- High Temperature (38 degrees Celsius or above)
- A Cough - this can be any kind of cough, not just dry
- Shortness of Breath or Breathing Difficulties
- loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

It can take up to 14 days for symptoms to show. They can be similar to symptoms of cold and flu.

However, children will also continue to display symptoms of many other circulating respiratory viruses. It is known that young children often have a persistent cold. A child with a blocked or runny nose, but no fever can attend school but if they require paracetamol or ibuprofen, they must stay at home for 48 hours and parents or guardians should contact the GP to assess whether a test is required.

### SUSPECTED CASE - Procedures

If a **pupil** displays symptoms which **may** be consistent with Covid-19 while at school the following procedures should be implemented:

- The principal should be informed immediately.
- The parents/guardians should be contacted immediately and asked to collect their child as soon as possible (this task will be undertaken by the school secretary).
- The parent/guardian of the pupil displaying symptoms which may be consistent with Covid-19 should be advised to contact their family doctor by phone to seek medical advice inform about their symptoms and continue self-isolation at home.
- An agreed staff member (one of the Learning Support Teacher's or SNA's) shall accompany the pupil to the designated isolation room, keeping at least 2m away from the symptomatic person at all times; where he/she shall stay with the pupil until a parent/guardian comes to collect him/her.
- The staff member caring for the pupil displaying symptoms consistent with Covid-19 should keep at least 2m away from the symptomatic person at all times but where this is not possible they should wear a face covering or a mask.

- A mask should be provided for the pupil presenting with symptoms consistent with Covid-19. He/she should wear the mask if in a common area with other people or while exiting the premises.
- The pupil should avoid touching people, surfaces and objects. Advice should be given to the person presenting with symptoms to cover their mouth and nose with the disposable tissue provided when they cough or sneeze and put the tissue in the bin.
- If the pupil is too unwell to go home or advice is required, contact 999 or 112 and inform them that the sick person is a Covid-19 suspect.
- Carry out an assessment of the incident which will form part of determining follow-up actions and recovery.
- The isolation room should be cleaned and contact surfaces disinfected when vacated.
- The staff member who has cared for the child with symptoms during this time does not need to go home unless subsequently advised to by Public Health HSE.
- Other pupils or staff do **not** need to be removed from class, including siblings or other household members.
- At this stage, **no further action** by the school is required.

In particular, schools are asked to note that they should **not** inform other parents or staff members that a pupil or staff member has gone home due to their symptoms.

If a **staff member** displays symptoms which **may** be consistent with Covid-19 while at school the following procedures should be implemented:

- The principal should be informed immediately.
- Assess whether the staff member who is displaying symptoms is well enough to go home on their own and if so, advise them to do go home immediately and inform their doctor of their symptoms and continue self-isolation at home.
- If they are too unwell to go home or advice is required, contact 999 or 112 and inform them that the sick person is a Covid-19 suspect.

COVID-19 SUSPECTED CASE	
ISOLATION ROOM	Disabled person's shower room on ground floor (beside N1A)
CARE of Pupil	Learning Support Team & Special Needs Assistants

### **CONFIRMED CASE – Procedures**

The HSE will inform any staff/parents who have come into close contact with a diagnosed case via the contact tracing process. The HSE will contact all relevant persons where a diagnosis of COVID-19 is made. The instructions of the HSE should be followed and staff and pupil confidentiality is essential at all times.

**Public Health approach to managing isolated confirmed cases of Covid-19 within the school community,** and also the principles that will underpin the management of outbreaks or potential outbreaks within the school:

The response to confirmed cases or outbreaks of Covid-19 in the community or in a school is the responsibility of and will be led and managed by **Public Health HSE**. All decisions as to appropriate actions following a confirmed case or outbreak will be made by their teams in the context of a full Public Health Risk Assessment procedure according to the principles set out in the document attached. Any actions to be taken by the school will be communicated directly by Public Health HSE. School management will be informed as and when such actions such as exclusion of children or staff; partial or full closure, are deemed necessary on public health grounds. If the school is not so informed, it has **not been deemed necessary** by Public Health.

- When the GP of the child or staff member has assessed the symptoms to be consistent with Covid-19 infection, e.g. fever OR a new cough, shortness of breath, deterioration of existing respiratory condition OR symptoms of aguesia or dysgeusia (essentially loss of or changes to the sense of taste) and the person is referred for a test, at this point the person becomes a suspected Covid 19 case and household members including siblings should be withdrawn from school by their parent or guardian.
- Where no evidence of Covid-19 is detected by the test, the child or staff member should remain at home only until he or she is clinically well enough to return to school (unless specifically requested by HSE to do otherwise). In particular, all diarrhoea symptoms need to have been resolved for 48 hours prior to return to school. Household members can return to school immediately following the receipt by the parent or guardian or staff member of a “not detected” result.
- When a case has been confirmed, the Medical Officer of Health and teams will liaise directly with the school and inform them of the confirmed case as necessary and will undertake a Public Health Risk Assessment to inform any further actions and recommendations.
- Core to this assessment will be the likelihood of onward transmission from the confirmed case and will be informed by an urgent discussion with the school to establish any appropriate isolation for identified staff or pupils. Every school setting is unique and therefore the risks will be unique too.
- The definition of close contacts within a school will be variable and determined by a risk assessment that will take account of individual factors within each school or class. **It will not be automatically assumed that a whole class will be deemed as close contacts.** Close contacts will be directly notified by the HSE and advised to restrict their movements and present for testing on day zero and day seven. Close contacts will restrict their movements for 14 days even in the event that Covid 19 is not detected in both of these tests.

- **There is no blanket policy to test entire classes or years.** The testing strategy will be aligned to the Public Health Risk Assessment which may recommend widespread swabbing within a class or school under HSE mass testing procedures.
- In the event of an outbreak, Public Health will determine between a range of possible interventions, from exclusion and testing of a small group or pod of pupils up to and including closure of an affected facility.

**All schools are required to provide the following key information to the Public Health Authorities on request to support them in the management of Covid-19.**

- A brief description of the school (type, numbers of staff and students and special features).
- A list of staff and students with appropriate contact telephone numbers.
- A broad description of classrooms.
- An outline of the staff and students movements around the school, between lessons and breaks.
- An up to date list of “pods” and “bubbles”.